

Welcome to All Star Therapies



We are so excited to
have you here!



At All Star we work together with children and their families to learn new things, make new friends, feel better about our bodies and brains, and to have heaps of fun!



Each person has a different job at All Star. **We all work together** to make sure we are doing the best we can to help others.

We also have lots of fun!



Rachel is the boss. She is in charge of everything that happens at All Star. You can usually find her in her office on her computer writing emails or talking on the phone. Rachel is also an OT.



Heather is our administration officer. She keeps the team organised, answers the phone and makes yummy drinks for people in the waiting room!



Madi is an OT.
She likes helping people understand their body signals and communicate what they are feeling.



Sam is an OT.
She likes helping people with big feelings, building hand muscles for writing and making lots of crafts!



Sasha is a speechie.
She enjoys helping people find a way to communicate with speech, sign language, pictures or a device!



Sarah



Lucy



Grace

Sarah, Lucy and Grace are therapy assistants. They work with our therapists to make awesome resources and teach people new skills!

There are lots of things to do at All Star.



Sasha likes to play pretend.
Her favourite is the train set and the pretend kitchen.



Sarah is very creative and loves to do craft or try some science experiments.



Madi likes to play sport and move her body.
She loves to make obstacle courses to challenge herself.



Come to this door when you arrive at All Star. Heather will be waiting to say hello. You can wait on the blue couch and look at some books or play with the fidgets while you wait.





When your team member is ready they will **walk with you** to the session rooms. This is where we get to have fun!

Look for the **rainbow door mat** but stay with your team member to **be safe in the carpark.**

We have a few rules at All Star.

PARTICIPATE IN WHATEVER WAY
FEELS RIGHT TO YOU

THIS IS A SAFE SPACE, WHERE
WE RESPECT AND CELEBRATE
OUR DIFFERENCES.

LISTEN TO WHAT IS SAFE FOR
YOUR BODY.

TELL US WHAT YOU NEED. IT'S
OK TO ASK FOR HELP, AND IT'S
OK TO MAKE MISTAKES.

REMEMBER IT'S OK NOT TO BE
OK.

We can learn these together and make
sure we all understand.



When your session time is almost finished, help your team member to pack away.

It is important to pack everything away so that it is ready for the next kid. This makes sure everything is fair.



We want you to **listen to the signals your body gives you** when you are at All Star.

Let someone know if you:

- Are thirsty or hungry
- Need to go to the toilet
- Need some help
- Feeling big emotions (for example, worried, angry, or excited).



We like all different types of people at All Star. We love it when others get to be their true self.

Tell us about your favourite things!



The All Star team is your team!
We sometimes meet with
teachers and other adults to **talk**
about you.

This is important to try and
make things better for you.
Your team member can tell you
what is talked about.



Sometimes kids can't always
come to All Star.

This is when the team can travel
in their cars to come to your
home or school. This will be
organised with your parents or
teachers.



We can't wait to see
you at All Star!